

## Volunteer Roles

### **Volunteers needed at “Happy Days Memory Café” in Westbury on Trym, Bristol.**

Do you have a passion for having fun, particularly with older people?

Due to increased numbers, we are looking for several keen volunteers to help out at our Memory Café (Happy Days) on the first Friday of every month.

Happy Days is a much-loved event with entertainers, music, lots of tea, (home-made) cake and conversation. It's a great opportunity to be part of the community and have a good time! We meet with different activity leaders, speakers or entertainers and have seasonal events such as a Seaside party in August, Christmas meal in December and Panto in January.

The Café runs from 2pm-4pm at Westbury Baptist Church, Reedley Rd, Bristol BS9 3TE and we need volunteers to help to do a variety of jobs, including setting up and tidying up afterwards, but the main job is to welcome guests, chat to them and generally join in the fun.

Full support/training will be given – initially you can become a Dementia Friend by attending a one hour dementia awareness session and become familiar with our ethos and values. You will also be given copies of our literature, so that you have a greater understanding of Dementia and the way we do things. Our aim is to make Bristol THE Dementia Aware City of the UK.

Please do get in touch to chat about volunteering at Happy Days. All help is much appreciated and together, we really can make a difference to the lives of people living with Dementia.

For more information, please contact:

Sam on [office@bdaa.org.uk](mailto:office@bdaa.org.uk) or 07741 142701

or

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